



Tehran University of Medical Sciences  
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Institute for Environmental Health

# Water, Sanitation & Hygiene (WASH) and COVID-19

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# **WASH and COVID-19**

**Safely managed water, sanitation, and hygiene (WASH) services are an essential part of preventing and protecting human health during infectious disease outbreaks, including the current COVID-19 pandemic.**

# WASH and COVID-19

Ensuring good and consistently applied WASH and waste management practices in:

- **Communities,**
- **Homes,**
- **Schools,**
- **Marketplaces,**
- **Prisons and**
- **Health care facilities**



## Hand hygiene

- Hand hygiene is extremely important to prevent the spread of the virus.
- Hand hygiene also interrupts transmission of other viruses and bacteria causing common colds, flu and pneumonia, thus reduces the general burden of disease.

# COVID-19 economic impacts

- The economic impacts of the virus are projected to force an additional 40 million to 500 million people into poverty.
- According to International Monetary Fund(IMF) the cumulative loss to global GDP over 2020 and 2021 could be about **US\$9 trillion**, greater than the combined economies of Japan and Germany.

# SDGs as a roadmap to recovery from COVID-19

- The SDGs offer us an integrated perspective to combat COVID-19.
- COVID-19 should not be an excuse to delay action, but rather reason to accelerate action on the SDGs.



**13** CLIMATE ACTION



Reduced commitment to climate action; but less environmental footprints due to less production and transportation

**11** SUSTAINABLE CITIES AND COMMUNITIES



Population living in slums face higher risk of exposure to COVID-19 due to high population density and poor sanitation conditions

**8** DECENT WORK AND ECONOMIC GROWTH



**16** PEACE, JUSTICE AND STRONG INSTITUTIONS



Conflicts prevent effective measures for fighting COVID-19; those in conflict areas are most at risk of suffering devastating loss from COVID-19

**17** PARTNERSHIPS FOR THE GOALS



Aggravate backlash against globalization; but also highlight the importance of international cooperation on public health

**1** NO POVERTY



Loss of income, leading vulnerable segments of society and families to fall below poverty line

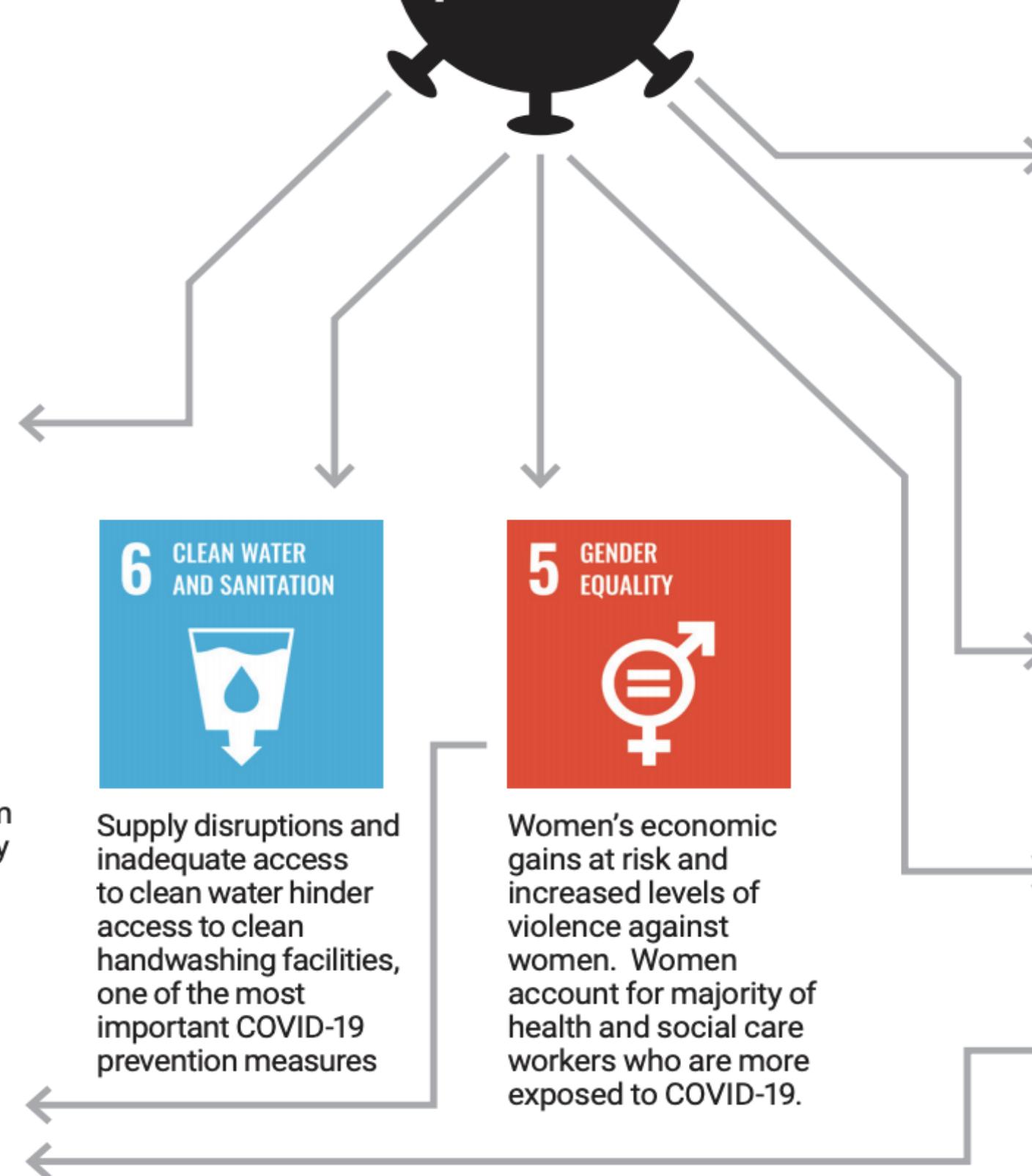
**COVID-19**  
pandemic



Economic activities suspended; lower income, less work time, unemployment for certain occupations



Supply and personnel shortages are leading to disrupted access to electricity, further weakening health system response and capacity



# Cost-effective strategies for pandemic preparedness

**Cost-effective strategies** for increasing pandemic preparedness, especially in resource-constrained settings:

- Investing in core public health infrastructure, including **water and sanitation systems**
- Providing good WASH and waste management practices, as **barriers** to human-human transmission of the SARS-CoV-2 virus in houses, communities, health care facilities, schools, and other public spaces.

# Mitigation of secondary impacts of COVID-19

**Safely managed WASH services** are critical during the recovery phase of a disease outbreak to mitigate secondary impacts.

**Secondary impacts include:**

- Disruptions to supply chains (water, sanitation, ...)
- Inability to pay bills
- Negative impacts on the continuity and quality of services
- Inability of schools, workplaces and other public spaces to maintain effective hygiene.

**If not managed, secondary impacts can increase the risk of further disease spreading.**

# Priority Areas

The priority areas in the WASH sector:

- Regarding the importance of safe drinking water, water resources management is now very important.
- Public education for highlighting the importance of hand-washing practice
- Quantification of the presence of virus in raw and treated wastewaters is essential.
- Conducting training workshops for virus detection like PCR and Rt-PCR techniques

# Priority Areas

The priority areas in the WASH sector:

- Performance assessment of water and wastewater treatment plants
- Fostering Sanitation Safety Planning (SSP) and Water Safety Plan programs for assessment the risks.
- Provision of financial supports

# Actions taken in Iran

In Iran, we (CWQR (IER) and School of Public Health, TUMS) are:

- Providing necessary scientific information about COVID-19.
- **Provision of disinfection technologies to ensure that drinking water is clean and safe.**
- **Monitoring wastewater treatment plant processes** for reduction of virus.

# One conducted study to monitor SARS-Cov-2 in wastewaters in Iran

The goal was :

To study the presence of SARS-Cov-2 in inlets (raw municipal wastewater) and outlets (treated municipal wastewater) of wastewater Treatment Plants (WWTPs) in three epicenters of Iran: Tehran, Qom and Anzali.

# Recently undertaken another study

- Title:  
**An investigation on the occurrence of COVID-19 disease virus in water treatment and distribution and wastewater collection and treatment systems in Tehran**
- Basic Aims:
  - Quantification of SARS-CoV-2 in inlet and outlet of wastewater treatment plants in terms of gene copy/liter
  - Determination of wastewater treatment plants performance

# Topics for further studies in Iran

- **WASTEWATER-BASED EPIDEMIOLOGY (WBE):** providing rapid, inexpensive mass surveys.
- **QUANTIFICATION OF THE MAGNITUDE OF EXPOSURE:** Using Quantitative Microbial Risk Assessment (QMRA)
- **DISINFECTION TECHNOLOGIES:** the assessment of chemical and non-chemical disinfection processes

# **Fostering link between policy and projects**

**Actions to be taken in IORA academic groups :**

- **Develop a stronger research environment for WASH**
- **Add more focus on matters of concern like WASH vs. COVID-19**
- **Conduct research aimed at enabling better regional policy outcomes**
- **Develop a stronger regional policy foundation**
- **Enhance collective regional awareness**

# Thanks for attention

